

AQUATIC GENERAL POLICIES

POOL LOCATION

Greenfield High School Pool

Located at 4800 S 60th Street (S 60th & Layton Ave.)

COME SWIM READY

All learn to swim participants must come to the pool "swim ready" this summer. "Swim Ready" means in their swim suit and ready to be checked in for their class. We will be using Door #13 right onto the pool deck. Parents are to wait with their swimmer outside along the building until your class time is called. Children will be checked in at the door and parents can then wait outside (feel free to bring a lawn chair). Remember to maintain social distance while waiting outside. No towels or personal items can be brought in. If your swimmer uses goggles, they do need to bring their own. Parent/child class parents should put their belongings in one bag that they will be able to bring onto the pool deck during their class.

COVID-19 CHECK IN PROCEDURE

Please see our pool diagram on page 7. Swim participants, upon check in, will line up with their respective class along the pool deck until their class start time. Instructors will meet their participants and walk them over to their class location in the pool. At class conclusion, instructors will walk their group back to door #13 for dismissal. If parents have any concerns, instructors will have a few minutes before their next class starts to talk.

STAY HOME IF YOU'RE SICK

Any participant or instructor who has had any of the following symptoms within 24 hours of class should not attend: cough, fever, chills, muscle pain, shortness of breath/difficulty breathing, sore throat, or loss of taste or smell.

LOCKER ROOMS / BATHROOMS

Due to current COVID-19 guidelines, the locker rooms will not be available for use this summer. Parents, please have your child use the bathroom at home before coming to the pool. Parent/child class participants who are not yet potty trained must wear a swim diaper, please plan to take this home with you following class.

CLASS SIZES TO AVOID CLOSE CONTACT

In compliance with current COVID-19 guidelines, we will have 4 children in each learn to swim class and a maximum of 4 classes per time slot. This will allow instructors to be able to space the children out in the pool.

FACE MASKS

Face masks are not to be worn in the pool. Parents will be asked to take off any face coverings and hold onto them while their child(ren) are in the pool area. Our Swim Instructors will be wearing Face Shields. We will be doing our best to space children out on the pool deck (using poly markers) and in the water.

POOL TEMPERATURE AND MAINTENANCE

The water and air temperature are regulated by the High School maintenance department, not Parks and Recreation. They do their best to maintain a water temperature of at least 80°, please realize this may be cold for some swimmers.

DISINFECTING EQUIPMENT

Our Swim instructors will be disinfecting all pool equipment used in classes (kickboards, water toys and life jackets). Items that cannot be properly sanitized such as our pool noodles will not be used this summer. Swim goggles cannot be shared. Participants who use them need to bring their own and be able to put them on without assistance

American Red Cross SWIMMING AND WATER SAFETY PROGRAM

Our Learn to Swim program follows the principles and methods of the American Red Cross to combine the best in swim instruction with a strong emphasis on drowning prevention and water safety. Learn how to swim with the most trusted name in aquatic training.

LEVELS:

Please refer to the chart on page 8. Participants start at either Starfish or Level One and as their skill level progresses, they move up through the levels. At the conclusion of each semester, each child will be given a skill sheet indicating their progress.

PROFESSIONAL STAFF:

The Greenfield Parks & Recreation Department is a Licensed Training Provider of American Red Cross programs. Our staff members are trained and certified American Red Cross Water Safety Instructors (WSI) and American Red Cross Lifeguards (LG).

SWIM PRE-TEST

- New to the swim instruction program?
- Has it been a few years since the last lesson?

A Swim Pretest is an opportunity for:

- One-on-one skill screening
- Level placement
- Introducing yourself and your child to the facility

Pre-registration required. Participants are taken on a first come, first served basis; however, if we have an idea of how many will be in attendance, staff can be scheduled accordingly to serve you better. Sorry, staff will not be able to handle registrations at the pre-test.

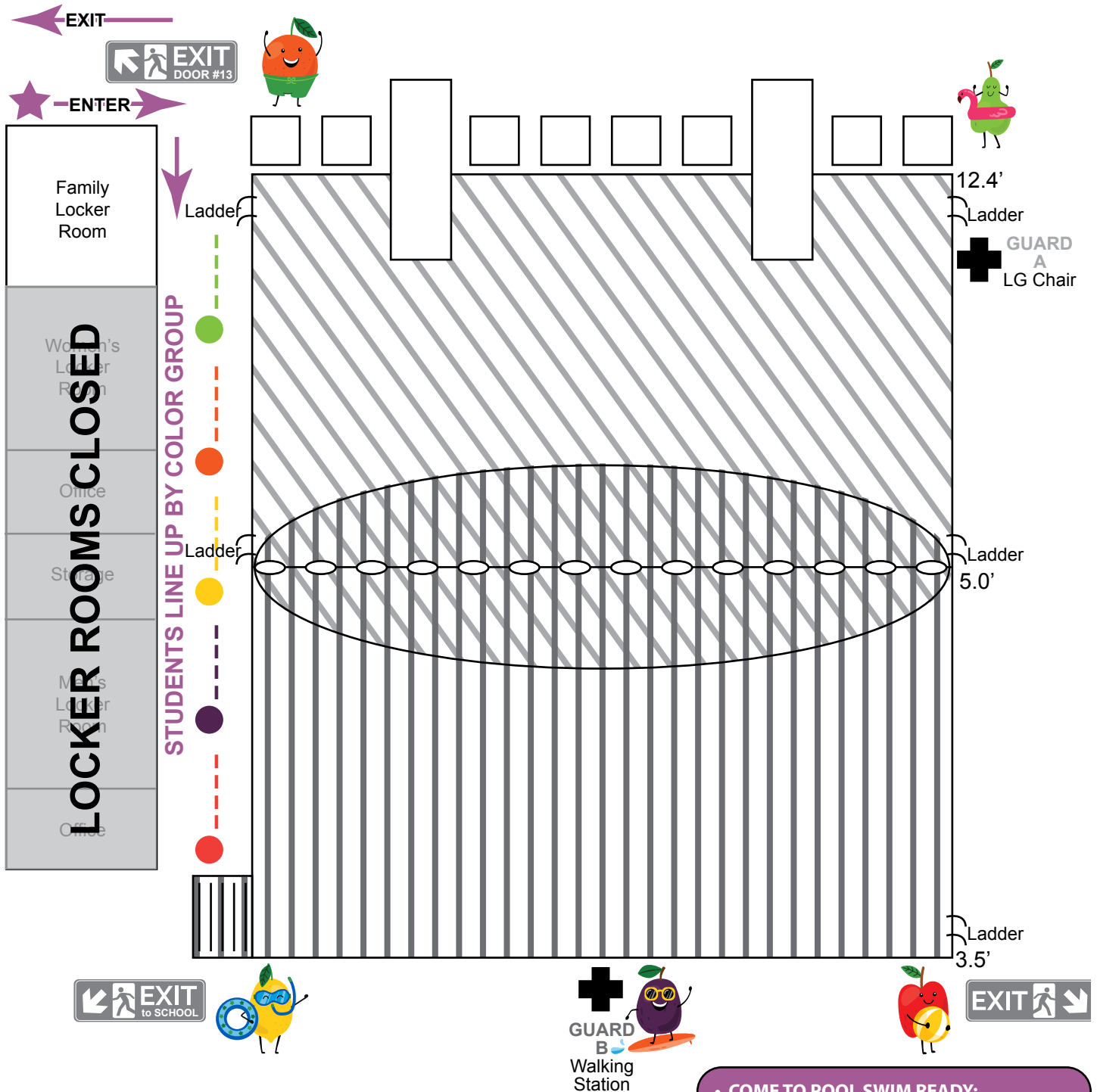
Thursday, July 9

- 9:00-9:20 AM [301100-01](#)
- 9:30-9:50 AM [301100-02](#)
- 10:00-10:20 AM [301100-03](#)

To avoid lines, please register to schedule your time.

Greenfield High School Pool
(Check in at door #13)

AQUATICS: COVID-19 PROCEDURES



- START HERE:** Parents/Guardians line up outside for drop-off. Stop to check student in and sanitize hands.
- Students proceed to line up along pool by group color.
- Instructors will move red, purple, & yellow groups counterclockwise and green & orange clockwise.

- Groups will be spaced around the pool as shown above.
- Once lesson is complete, all groups will exit counterclockwise.
- Students will be dismissed through door #13 where parents/guardians can meet them outside.

Person at check-in will have mask. Instructors will have face shields.

- COME TO POOL SWIM READY: No Showers or Locker Room.** Family Locker Room will be open for emergencies only.
- NO PARENTS OR SPECTATORS IN POOL AREA: Drop-off and Pick-up outside at door #13.** (If instructor needs to talk to a parent, they will be brought onto the pool deck.)
- PLEASE MAINTAIN SOCIAL DISTANCE DURING DROP-OFF AND PICK-UP.**

SWIMMING & WATER SAFETY LEVELS

The American Red Cross offers comprehensive course levels that teach your child how to swim skillfully and safely.

Skills taught are progressive, so children advance upon completion of all the skills in the previous level.

New to our program? Either enroll your child in Starfish (Ages 4-6) or Level One (Ages 6-13), or attend a swim pre-test session to determine which level is most appropriate for your child based upon their water skills.

Levels	Requirements	Skills Taught
PARENT AND CHILD AQUATICS		
Parent/Child Swim Ratio 1:10	Ages 1-4 Years <i>Each child must be accompanied by parent or caregiver</i>	Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. This level is fun-filled and helps introduce water safety concepts, encouraging a healthy recreational habit. If your child is not 100% toilet trained, they will need to wear a swim diaper under their swim suit. The water temperature is approximately 80 degrees, which may be cold for younger swimmers, so a long-sleeved swim/sun type top is recommended.
PRESCHOOL AQUATICS (AGES 4-6)		
Preschool Level 1 (Starfish) Ratio 1:6	Ages 4-6 Years <i>Prerequisite: Child must be able to submerge head under water</i>	Starfish orients children to the aquatic environment and helps them gain basic aquatic skills that are the foundation for the later levels. Front and back floats, glides, and leg and arm actions are taught. Age appropriate water safety topics are reviewed.
Preschool Level 2 (Seahorse) Ratio 1:6	Ages 4-6 Years <i>Prerequisite: Successfully complete Starfish</i>	Seahorse builds upon the Starfish skills to help children gain greater independence in their skills and develop more comfort in and around the water. Bobs, retrieving objects under water, floating and gliding independently, treading water, and combined arm-and-leg actions front and back are the focus.
Preschool Level 3 (Goldfish) Ratio 1:6	Ages 5-6 Years <i>Prerequisite: Successfully complete Seahorse</i>	Goldfish further develops the Seahorse skills so children gain basic swimming propulsive skills. Floats and glides into a vertical position, rotary breathing, how to change direction while swimming, treading water, and independent swimming on front and back strokes are the primary focus.
LEARN-TO-SWIM (AGES 6-TEENS)		
Level 1 Ratio 1:6	Ages 6-13 Years <i>There are no prerequisites for this level</i>	Introduction to Water Skills Level 1 teaches basic personal water safety and skills to help children feel comfortable in the water while learning elementary aquatic skills. Age appropriate water safety topics are reviewed.
Level 2 Ratio 1:6	Ages 6-13 Years <i>Prerequisite: Level 1, 7 years old and completed Seahorse</i>	Fundamental Aquatic Skills Level 2 gives participants success with fundamental skills such as floating and recovering to vertical position. Participants continue to explore simultaneous and alternating arm action on front and back.
Level 3 Ratio 1:6	Ages 6-13 Years <i>Prerequisite: Successful completion of Level 2 or Goldfish</i>	Stroke Development Level 3 teaches the survival float, elementary backstroke, breaststroke, backstroke and coordination of front crawl. Participants are introduced to dolphin kick, swimming in deep water, and basic diving skills.
Level 4 Ratio 1:8	Ages 6-13 Years <i>Prerequisite: Successful completion of Level 3</i>	Stroke Improvement Level 4 develops confidence in previously learned strokes and increases distance swimming. Backstroke and breaststroke are further developed. Participants are introduced to butterfly and taught sidestroke.
Level 5 Ratio 1:8	Ages 8-13 Years <i>Prerequisite: Successful completion of Level 4</i>	Stroke Refinement Level 5 refines strokes learned in Level 4 and increases distances of swimming. Participants are also introduced to front and back flip turns.
Level 6 Ratio 1:8	Ages 9-13 Years <i>Prerequisite: Successful completion of Level 5</i>	Swimming and Skill Proficiency Level 6 refines the strokes so participants swim with ease, efficiency, power and smoothness over greater distances. It helps prepare for more advanced classes such as Lifeguarding and Competitive Swimming.
Beyond Level 6 Ratio 1:8	<i>Prerequisite: Successful completion of Level 6</i>	This level is unique to Greenfield Parks & Recreation to keep kids swimming. Stroke refinements, junior lifeguarding skills, and fitness swimming are just some of the things this level can cover all based upon the interest of the class.

NOTE SUMMER 2020 ADJUSTMENT: Due to COVID-19 and social distancing, the ratio for swim classes for summer 2020 is 1:4.

GREENFIELD HIGH SCHOOL POOL

		Session-8 Sessions Monday-Thursday July 13-16 & July 20-23 <i>Time Out: Thursday, July 9</i>	Session 2-8 Sessions Monday-Thursday July 27-30 & August 3-6 <i>Time Out: Thursday, July 23</i>
Starfish	9:00-9:30 AM	301GD1-01	301GD2-01
Seahorse	9:00-9:30 AM	301GD1-02	301GD2-02
Level 4	9:00-9:30 AM	301GD1-40	301GD2-40
Level 5	9:00-9:30 AM	301GD1-50	301GD2-50
Level 1	9:40-10:10 AM	301GD1-10	301GD2-10
Level 2	9:40-10:10 AM	301GD1-20	301GD2-20
Level 4	9:40-10:10 AM	301GD1-41	301GD2-41
Level 6	9:40-10:10 AM	301GD1-60	301GD2-60
Goldfish	10:20-10:50 AM	301GD1-03	301GD2-03
Level 3	10:20-10:50 AM	301GD1-30	301GD2-30
Level 5	10:20-10:50 AM	301GD1-51	301GD2-51
Beyond 6	10:20-10:50 AM	301GD1-65	301GD2-65
Starfish	11:00-11:30 AM	301GD1-04	301GD2-04
Seahorse	11:00-11:30 AM	301GD1-05	301GD2-05
Level 3	11:00-11:30 AM	301GD1-31	301GD2-31
Level 5	11:00-11:30 AM	301GD1-52	301GD2-52
Level 1	11:40 AM-12:10 PM	301GD1-11	301GD2-11
Level 2	11:40 AM-12:10 PM	301GD1-21	301GD2-21
Parent/Child	5:30-6:00 PM	301GD1-A0	301GD2-A0
Starfish	5:30-6:00 PM	301GD1-06	301GD2-06
Level 1	5:30-6:00 PM	301GD1-12	301GD2-12
Level 5	5:30-6:00 PM	301GD1-53	301GD2-53
Level 2	6:10-6:40 PM	301GD1-22	301GD2-22
Level 3	6:10-6:40 PM	301GD1-32	301GD2-32
Mermaid	6:10-6:40 PM	301GD1-55	301GD2-55
Level 6	6:10-6:40 PM	301GD1-61	301GD2-61
Starfish	6:50-7:20 PM	301GD1-07	301GD2-07
Seahorse	6:50-7:20 PM	301GD1-08	301GD2-08
Level 4	6:50-7:20 PM	301GD1-42	301GD2-42
Level 5	6:50-7:20 PM	301GD1-54	301GD2-54
Seahorse	7:30-8:00 PM	301GD1-09	301GD2-09
Goldfish	7:30-8:00 PM	301GD1-0C	301GD2-0C
Level 4	7:30-8:00 PM	301GD1-43	301GD2-43
Beyond 6	7:30-8:00 PM	301GD1-66	301GD2-66
General Registration Per option		\$56 (R) / \$84 (NR)	\$56 (R) / \$84 (NR)

MERMAID SWIMMING

Youth (Ages 8+ who have completed American Red Cross Level 4 swim)
2015 Wisconsin Park & Recreation Association's Aquatic Section Outstanding Aquatic Program Award Winning Program.

Increase your water confidence and swimming skills through fun and play. These classes will help build core muscles and leg strength as children master a balanced dolphin kick. Parks & Recreation will have mono-fins for children to use in class. A full mermaid tail is optional (*not provided*).

Mermaid Level 1: Basics

Learn how to safely wear your mermaid mono-fin and become comfortable swimming using it. Skills include the basic mermaid kick, opening eyes and holding breath under water, mermaid arms, full body swim, legs only swim, back float and swim mermaid style and touching the bottom at increasing depths. As skills progress, our instructor will begin to introduce the Level 2 Selkie Skills which include kick refinement, adjusting speed of swimming, side stroke swim, bend and deep diving, swim to bottom with pause, back flips and more.

Mon-Thu / 8 sessions **6:10-6:40 PM**

- July 13-16 & 20-23 **301GD1-55**
Time Out: Thursday, July 9
- July 27-30 & August 3-6 **301GD2-55**
Time Out: Thursday, July 23

Greenfield High School Pool
Per option: \$56 (R) / \$84 (NR)

PRIVATE SWIM LESSONS

As our goal is to reach as many children as possible this summer within the pool time we have been given, private swim lessons have not been planned. We will keep a list of interested participants, should we be able to schedule additional classes. Please use the following registration numbers for this purpose.

Mon-Thu / 8 sessions **Wait List**

- July 13-16 & 20-23 **301GD1-WL**
- July 27-30 & August 3-6 **301GD2-WL**

Greenfield High School Pool
Per option: \$140 (R) only

(R) = Resident

Resident of Greenfield or child attending either Greenfield or Whitnall School District School.

(NR) = Non-Resident

OPEN SWIM | LAP SWIM | WATER FITNESS | LIFEGUARD TRAINING

Due to COVID-19 restrictions, we are not able to offer these programs at this time.