



SAVING LIVES ONE CONVERSATION AT A TIME



ETHAN'S VIRTUAL

5K RUN / WALK AGAINST ADDICTION

FACEBOOK KICKOFF – AUGUST 22, 8am CST



August 22

REGISTER / DONATE:

<https://runsignup.com/Race/WI/Greenfield/EthansRunAgainstAddiction>

ALL PROCEEDS GO TO THOSE IN NEED OF RECOVERY FROM AN OPIATE ADDICTION



Ethan's Run Against Addiction

5K Virtual Run / Walk August 22



- Follow us on FB and/or Instagram for updates and ideas on how to make this virtual experience meaningful and fun.
- Run or walk on your treadmill, around your neighborhood, in a park, on a track or cross-country trail.
- Form a team and invite your friends from anywhere in the world to join your team.
- All those who register by August 5 will be guaranteed a t-shirt if they live within the continental US.
- We will be providing you with a template for a placard you can print out to identify the individual (or team) you are running or walking for.
- We will be providing you with a pamphlet on addiction that you can print out and share with those you encounter during your run/walk.



Never Underestimate the Power of Making a Difference One Conversation at a Time

The ERAA mission includes an effort to destigmatize addiction. Wearing your ERAA t-shirt during your run / walk is an important part of this event.

Although you can run or walk any date between now and August 22 we encourage you to wait until you've either picked up your t-shirt or it's been mailed to you so that you can start conversations around the reason you're running / walking.

If you will be walking this event –

See how slow you can walk and how many people you can start conversations with during your walk!!

Robin Monson-Dupuis' book, *Spirit Son*, is set to be released this August. Signed copies of her book will be available for all those pre-ordering the book at www.orangehatpublishing.com and picking up their t-shirt at the Greenfield Public Library on either August 20 or 21.

When Robin Monson-Dupuis, psychotherapist and substance abuse counselor, loses her son to a heroin overdose after an eight-year journey trying to help him stay alive, it shatters everything in her world. She finds her beliefs tested: her faith, her role as a mother, her marriage, and her purpose in this world.

Spirit Son: A Mother's Journey to Reconnect with Her Son After His Death From Heroin Overdose is a courageous memoir detailing one mother's story of surviving her unimaginable pain, beginning to heal, and even growing after her traumatic loss. This raw account of losing a child to the opioid epidemic and struggling to find peace offers honest analysis and reflections as well as a profound message of hope: that the everlasting bond between us and our loved ones can be embraced, even deepened, despite their physical death.



Robin Monson-Dupuis, LCSW, SAC, RYT, has been a psychotherapist and substance abuse counselor for over 30 years. She has been a leader in her workplaces, her church, and her community. She continues to travel on a journey of healing, often not knowing where that will take her, but trying to trust the process. *Spirit Son* is her first book.



Join Robin in the effort to destigmatize addiction. Help raise awareness that addiction is a brain disease, not a character flaw or lack of will power by participating in *Ethan's Run Against Addiction!*



ISBN

orangehatpublishing.com



Monson-Dupuis

SPIRIT SON



A Mother's Journey to
SPIRIT

Reconnect with Her Son After

SON

His Death From Heroin Overdose

ROBIN MONSON-DUPUIS

Join a Team or Form your Own



Ethan's Run Against Addiction - 5K Virtual Run & Walk
Sat August 22 2020

Sign Up

Donate

| GROUP | JOIN | GROUP TYPE | GROUP RESTRICTIONS | CREATED | NO. OF MEMBERS |
|---|----------------------|--------------------|--------------------|-------------------------|----------------|
| ABHS - Tosa | Join | Teams in Honor of | | Friday May 22, 2020 | 3 |
| Adam Shea | Join | Teams in Honor of | | Thursday March 19, 2020 | 14 |
| Augustine Financial | Join | Organization Group | | Tuesday June 16, 2020 | 16 |
| Forever Team Brennan | Join | Teams in Honor of | | Friday May 1, 2020 | 1 |
| George Moore IV | Join | Teams in Honor of | | Thursday March 26, 2020 | 16 |
| Goon Squad | Join | Teams in Honor of | | Tuesday May 19, 2020 | 2 |
| Joe Mama's Family & Friends | Join | Teams in Honor of | | Thursday April 16, 2020 | 4 |
| Mel's Team | Join | Teams in Honor of | | Friday March 20, 2020 | 6 |
| Team Barney | Join | Teams in Honor of | | Sunday May 3, 2020 | 4 |
| Team Ryan | Join | Teams in Honor of | | Sunday April 5, 2020 | 5 |

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